

Curriculum Statement for PE

Intent

We aim to provide a high quality physical education curriculum that develops physically literate children and inspires all pupils to succeed, enjoy and take part in sport and physical activity for life.

Implementation

A progressive balance of activities alongside individual, team, co-operative and competitive opportunities aims to cater all pupil's needs, wants and abilities. The development of core skills/fundamental movement skills underpins all that we do. We believe the development of balance, agility and co-ordination leads to physically literate children who have the skills and desire to take part in PE and activity. In addition to the development of physical skills, we believe it is just as important to provide a curriculum that develops the three other domains of learning: cognitive, social and knowledge and understanding of health. These are developed through effective pedagogy, progressive schemes of work and effective assessment. Values education is an important part of the curriculum and children are taught and are expected to demonstrate the School Games Values.

We will provide:

- 2 hours high quality P.E for every child and the opportunity to take part in up to 5 hours of high quality P.E and school sport in a typical week.
- Progressive lessons to develop balance, agility and co-ordination.
- Opportunities to develop children's physical, cognitive, social and health skills
- A broad and balanced curriculum that provides progression in all areas of activity and caters for all pupils.
- Games for understanding lessons in KS2 to support the development of the 4 domains of learning and the understanding of skill transference
- Opportunities for self and peer assessment through observation and use of ICT

- The ability to work independently, in pairs or small groups and communicate with and respond positively towards others.
- The promotion of the School Games Values
- Opportunities to lead others and develop leadership skills
- Opportunities to swim and achieve a minimum of 25m by the end of key stage 2
- Balanceability and Bikeability sessions throughout the school to develop cycling life skills
- Innovative methods for children achieving the 30 mins of physical activity in school each day and a physical activity policy detailing this.
- Regular inter and intra school competition from Key stage 1
- Extra curricular opportunities for all pupils across a broad range of activities
- PE CPD for teachers
- Promotion of community clubs and the signposting of children based on interests or talent.

Impact

By the time our pupils leave Milton Ernest:

- It is our intention that all children will have developed their core physical, cognitive and personal skills in order to be physically literate and enjoy and participate in sport and activity for life.
- They will have developed a range of physical and thinking skills across a broad range of areas including gym, invasion games, striking and fielding games, net wall games and dance.
- They will show an understanding of skill transference, particularly in games.
- Through the teaching of school games values, the children will demonstrate fair play , respect, determination, teamwork and resilience.

- They will have the confidence and self-esteem to take part in new opportunities with enjoyment and will show a passion for activity.
- They will be creative in all areas of the curriculum
- Children will be able to lead others
- Children will provide feedback on what was good and what could be improved in a performance.
- They will recognise the need to be active for a minimum of one hour a day and understand how PE can contribute to this.
- They will achieve 30 minutes of activity a day within school
- All children will have 2 hours of high quality physical education with many pupils achieving beyond 2 hours through attendance at clubs
- Clubs will be well attended due to desire to take part in activity
- They will have the skills and knowledge to lead a physically active lifestyle and recognise how activity can have a positive effect on mental health.
- Most children will develop life skills and be able to ride a bike, self rescue and swim a minimum of 25m unaided.
- Children will enjoy taking part in competitive sport with some achieving success