

## **Intent**

At Eileen Wade Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our school aims to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children's wants and needs and provide them with a range of active experiences and clubs. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes.

We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

## **Implement -**

### Teaching and Learning

Our PE lessons are planned using the Get Set 4 PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Get Set 4 PE is planned so that progression is built into

the scheme which ensures our children are increasingly challenged as they move up through the school.

We have created a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit.

We follow common strands from EYFS up to Year 6:

- Gymnastics
- Dance
- Athletics
- Net and wall games
- Invasion games
- Striking and receiving games
- Target games
- Swimming
- KS2 - Outdoor adventurous activities

P.E. is taught during two lessons a week (or a double lesson) and there are other opportunities where activity is available. In EYFS/Yr 1 and Yr 5/6 Rushden and Diamonds provide their skills in teaching one P.E. lesson a week, following the Get Set 4 PE platform. Communication with the P.E. lead ensures that lessons fit the above criteria and ethos that we follow.

### Other activity opportunities

Throughout the year children have the opportunity to compete against children from other schools during our association with Bedford & Kempston and North Bedfordshire School Sport Partnerships e.g. Sports Festival, Tag Rugby, Multi-Sport competitions etc.

The children also have active playtimes with a selection of activities to choose from (Go go buses, Go Wheelies, skipping, Boccia, curling, hula hoops, dressing up, musical instruments, dragon balls, frisbees, 'keepy upy' balls building

blocks/bricks/planks, oversized games - snakes and ladders, dominoes, connect 4, parachutes, table tennis, climbing frame, gym equipment, dancing etc). The Year 5 children take great pride at being trained as Sports Leaders where they set up the equipment, help other children and support other children with games.

We are lucky enough to have an all weather track on the grass, so no matter the weather the children are able to run around.

Every year the Reception children, Year 1, 2, 3 and 4 enjoy Sports Day at school, where we see a mixture of competition, fun and teamwork. Year 5 and 5 act as Sports Leaders for this event, scoring and helping the younger children. Year 5 and 6 have a separate Sports Day with the children from Milton Ernest School.

We also have an annual School Games Day 'Federation Day' - where we team up with Milton Ernest School and take part in a range of sporting activities.

Year 5 children also get to participate in Bikeability where they learn to maintain their bike, glide, control their bike (setting off, slowing down, braking and stopping), pedal and be aware of their surroundings - skills that are needed to gain a hobby of bike riding.

At Eileen Wade School we run active after school clubs. There are a range of clubs that are held every term. e.g. Archery, football etc. There is also a sports club held on a Monday lunch time 'Mini Club Mondays' - this is supervised by Rushden and Diamonds Coaching, where the children can play team games like football for 30 minutes. Throughout the year children also run some clubs at break time, lunch time or after school. This can range from parachute club, dance club and football skills club.

Throughout the school year the children get the opportunity in additional workshops or events to broaden their interest in activity. This may be a workshop in Martial Arts, Skipping, Freestyle football or we may have an athlete in to inspire the children.

We also participate in 'walk to school week' where we provide a safe opportunity for the children to walk to school with their friends and parents.

### Celebrations

During our Celebration Assembly we recognise achievements in PE with 'PE star of the week' from each class. The children are presented with a certificate and their name goes up on the wall. When the school goes to the external School Sports events, any certificates given out then will also be celebrated during this assembly. Children are also encouraged to bring in any trophies, medals or certificates from outside of school, to share with the whole school during this assembly.

### EYFS

We encourage the physical development of our children in the reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age.

We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

### **Impact -**

#### Assessment

Our teachers assess the children's work in PE, both by making informal judgements, as they observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Get Set 4 PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education.

These resources include the Get Set 4 PE progression of skills document, progression ladders and knowledge organisers.

### Monitoring and Reviewing

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who for example:

Supports colleagues in their teaching, providing a strategic lead and direction;

Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires;

Reviews evidence of the children's work and observes PE lessons.

### Health and Safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma.

Staff know about the safe practices involved in moving and using apparatus. Pupils wear appropriate clothing (no shoes or socks during dance and gymnastics), remove jewellery and tie back long hair.