



## PE Curriculum overview

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation & Year 1 – cycle 1	1)Introduction into PE (EYFS) 2) <b>Team building</b>	<b>1) Ball skills</b> 2)Drumba	1)Gym 2) <b>Invasion games</b>	1)Dance 2) <b>Net and wall games</b>	1) Yoga 2) <b>Target games</b>	1)Athletics 2) <b>Striking and fielding</b>
Foundation & Year 1 – cycle 2	1)Introduction into PE 2)Team building	1)Ball skills 2)Drumba	1)Gym 2)Yoga	1)Dance 2)Net and Wall	1)Athletics 2)Target games	1)Invasion games 2)Striking and fielding
Year 2	1) Fundamentals 2) Drumba	1)Invasion games 2) Yoga	1)Ball skills 2)Gymnastics +Swimming 4 lessons	1)Net and wall games 2)Dance	1)Athletics 2) Team building	1)Striking and fielding games 2)Target games
Year 3 & 4 – cycle 1	1) Tag Rugby Y3 2) Hockey Y3	1) Gymnastics - Y3 2) Drumba	1) Swimming 4 lessons then Drumba 2) Yoga - Y3/Y4	1) Tennis - Y3 2) Dance - Y3/Y4	1) Netball - Y3 2) Athletics - Y3	1) Cricket - Y3 2) OAA - Y3
Year 3 & 4 – cycle 2	1) Football - Y3 2) Gymnastics - Y4	1) Drumba 2) Tennis - Y4	1) Swimming 4 lessons then Drumba 2) Dance - Y3/Y4	1) Handball - Y3 2) OAA - Y4	1) Basketball - Y3 2) Athletics - Y4	1) Rounders - Y3/Y4 2) Dodgeball - Y3
Year 5 & 6 – cycle 1	1)Gymnastics 2) <b>Football</b>	1) Gymnastics 2) <b>Tag rugby</b>	1)Dance 2) <b>Basketball</b> Yr 5 4 swimming lessons	1)Drumba 2) <b>Hockey</b>	1) Golf 2) <b>Tennis</b>	1)athletics yr 5 2) <b>Cricket</b>
Year 5 & 6 – cycle 2	1) Drumba 2) <b>Tag rugby</b> (Year 6 OAA residential)	1)Dance 2) <b>Netball</b>	1)Gymnastics yr 5 2) <b>OAA</b> Yr 5 4 swimming lessons	1)Gymnastics 2) <b>Dodgeball</b>	1)Athletics 2) <b>Golf</b>	1. Badminton 2. <b>Rounders/softball</b>