Action plan for P.E 2019/20

Total Sport Premium Allocation - £16,860

It is expected that schools will see an improvement against the following 5 key indicators:

- 1. The engagement of all pupils in regular physical activity kick-starting healthy active lifestyles
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Objective and Key Indicator	Outcome	Actions	Person	Money	Evaluation
To maintain and progress physical activity opportunities in the school Key indicator 1,2 and 4	All children with have an opportunity to achieve one hour or more of activity per day. Physical activity will be promoted with the children, within the school and within the home. More children will be achieving the government's activity guidelines.	 Maintain the physical activity activities: Children to come to school in PE kit on PE days Re-promote the Healthy Selfie board Review the activity guidelines with the children Review traverse wall training to all children to encourage use in playtimes Promote activity and provide PE homework and challenges across the whole school Implement Skip to be fit programme when golden mile cannot take place. Start this with a Skipping day provided 	CA	£780 (inc. res)	

		 by a local company to inspire the children to skip. Maintain the workout sessions across the school using Fitter Futures. All children to utilise the new gym equipment as part of their activity sessions Introduce active breaks in the afternoon across the school (where app) Train new play pals to provide further opportunity for activity at lunchtime. Implement a School Games Committee to plan and provide activity challenges throughout the year. 		£70	
To provide	Children in key stages 1 and 2	Buy into the sports partnership and	CA	Sports	
inter school competition	will take part in a variety of inter school competitions.	the P.E hub which provides the competitions and transport.	K Rolfe	partners hip	
and safe				package	
practice		Fill out competition forms		- £2700	
advice	Children have the opportunity	Fill out trip forms and send letters			
Key	to progress to county and				
Indicators 4	regional competitions.	Train children for competitions in			
and 5		lessons and clubs			
	The school will have access to a				
	health and safety professional	Attend all competitions available			
	that will provide advice when needed and provide a regular	(cohort size and gender split)			

	update of changes.				
To provide	All teachers and teaching	Buy into the Sports Partnership	All staff	Sports	100% of staff trained in
CPD	assistants will develop their	package which provides three in		Partners	breathing techniques and
	knowledge, understanding and	school twilights and free places on a		hip	mindfulness and yoga
Key	teaching of high quality	selection of half day and whole day		package	within the classroom to
Indicators 2	physical education. This can be	P.E courses.		- £2700	support children's mental
and 3 and 4	applied in lessons to further				health. These techniques
	develop the delivery of high				are being used to support
	quality sessions.	PE Co-ordinator training			the children's needs
		PE co-ordinator will attend three			throughout the day e.g.
		training days provided by the			to energise, relax, calm
		University of Bedfordshire. These			down, cope with stress
	Children will be provided with	will ensure continued progression		Dance -	and anxiety.
	new sporting opportunities and	and development of the PE		£700	
	new experiences. This will	curriculum.		(TBC)	
	support the development of				
	skill transfer	Parkour:			
		Parkour coach to deliver sessions to			
		year 5 and 6. These are to further		Parkour	
		develop the gymnastics curriculum in		£650	
		upper key stage 2 so that children			
		are further engaged, have a desire			
		to be active in this area of the			
		curriculum and can apply and further			
		develop their gymnastic skills. PE		Gym	
		co-ordinator to attend sessions for		Coach -	
		CPD so that this can be embedded in		Part of	
		the curriculum.		SPP	
		Yoga			
		Yoga teacher to be booked for 6		Yoga -	
		weeks to work with key stage 2.		£300 +	

		Teachers to be present for CPD so this can be embedded into our teaching to support mental health and resilience. Dance: Dance teacher to be booked for 6 weeks to work with key stage 1/2. Teacher to be present for CPD and schemes to be embedded into long term plan. Gym: Gym coach to be booked to work with staff during the summer term. This will support upskilling the teacher through observation and team teaching. PE Conference - Co-ordinator to attend Bedfordshire PE conference.		Resource £265 Gym - part of SPP	
To provide co-ordinator release time Key Indicators 3 and 4	Staff lessons monitored and verbal and written feedback provided. Follow up support given, if required. Co-ordinator to gain an understanding of what P.E is like in the school. Teachers to	 P.E co-ordinator to have time to observe teachers, provide feedback and provide further support if required. 15 key stage 2 pupils will be trained as young leaders. 	CA All staff	Supply Cover	

	recognise what areas are good practise and what could be done to further develop the quality of the sessions. 15 Play Pals trained and delivering sessions during lunchtimes. Co-ordinator to have day to	PE Co-ordinator to audit long term and medium term plans and adapt and rewrite as necessary.			
	review the long term plans and medium term plans for breadth balance and teaching sequence.				
To provide Bikeability training Key Indicator 1 and 4	Key stage 2 pupils will develop level 1 and 2 road safety skills through a course delivered by an outside agency and PE co- ordinator. (Year 5)	Book Bikeability level 1 and level 2 for the summer term. Book supply cover so PE co-ordinator can support the delivery of the level 1 training. Co-ordinator is Bikeability trained but this will enable the coordinator to refresh training and skills and team deliver with an experienced coach	CA	supply cover (2 days)	
To achieve School Games Gold Award Key Indicators 1, 2, 4 and 5	The school will achieve the silver award.	The school already has the silver award and this needs to be maintained.	CA		

To develop health education, (mental and physical) and resilience and mindfulness Key indicator 1 and 4	Jigsaw scheme purchased to support the development and knowledge of children's physical and mental health, resilience and mindfulness.	Purchase Jigsaw scheme Staff training in use of Jigsaw scheme. Begin to implement the jigsaw scheme in all year groups within PSHE lessons	L Virnals	£1150	
Key indicator 1, 2, 3, 4 and 5	The quality of the PE taught will improve and progress accelerated	Purchase subscription of 'Twinkl' to enhance the teaching of PE across the whole school	CA	£81	
To purchase high quality resources Key Indicators 1, 4 and 5	P.E lessons and clubs will be enhanced through the use of quality resources and use of purchased schemes. Children will have greater opportunities to use resources to further develop P.E skills. Children in reception and year 1 will have further developed fundamental movement skills and bike riding skills through the development of Balanceability.	Michelle Hayers and Lisa Smith to attend Balanceability training Reception to deliver Balanceability in one PE lesson a week for 12 weeks, assess and evaluate. Year1 to have Balanceability sessions in addition to PE for 12 weeks. Assess and evaluate effectiveness.		£550	
Кеу	Children will gain a broader	2 members of staff to attend		£2000	

Indicators 4 To provide forest school training for 2 staff members	experience of a range of outdoor and adventurous activities	forest school training			
To maintain and progress physical activity opportunities in the school Key indicator 1,2 and 4	-	Purchase Active Maths/English Children will use active activities within maths and English.	CA All staff	£1045	
Key Indicator 1,2,4 To provide children with a year round facility for running	Children will have the opportunity to use a year round running track to facilitate a more active lifestyle	In conjunction with the School Business Manager, a bid has been submitted to Bedford Borough Council to obtain part funding for a running track, the additional funding is to be obtained through the Sports Premium Funding.	JE	£4000	

See spreadsheet provided by School which shows exact amounts spent so far and remaining funds. (Available in school)